

# Forsyth County Board of Health



- Dr. Linda L. Petrou, PhD, Chair
- Dr. James K. Doub, OD, Vice Chair
- Ms. Judy Briggs
- Mr. John Davenport, Jr., PE
- Ms. Carrie D. Fernald, RN, MSN, AGPCNP-BC, FCN
- Dr. Charles F. Massler, DDS, M.Ed.
- Dr. Willard L. McCloud, Jr., MD
- Dr. Scott E. Schroeder, DVM
- Mr. J. Phil Seats, R.Ph., MBA
- Dr. Ricky Sides, DC
- Ms. Gloria D. Whisenhunt, County Commissioner

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## BOARD OF HEALTH MINUTES April 1, 2015

### MEMBERS PRESENT

Dr. Linda Petrou, Chair  
Dr. James Doub  
Ms. Judy Briggs  
Mr. John Davenport  
Ms. Carrie Fernald  
Dr. Scott Schroeder  
Mr. J. Phil Seats  
Dr. Ricky Sides  
Ms. Gloria Whisenhunt

### MEMBERS ABSENT

Dr. Charles Massler  
Dr. Willard McCloud

### OTHERS PRESENT

Dr. Ben Tennille, Founder of H.O.P.E.  
Ms. Marty Tennille, Founder of H.O.P.E.  
Ms. Susan Frye, H.O.P.E. Board Member

Winston-Salem State Nursing Students: Kimberly Adjaye, Kimberly August, Rashakeh Battle, Alexis Betts, Samantha Cooper, Lakayla Curtis, Paul Finkelstein, Deborah Gainey, Angela Gunn, Jeffa Hevsent, Fredrick Huttle, Amber Malloy, Erica Maynard, Christine Nau, Marilyn Pankey, Brandi Penner, Ayanna Puryear, Marie Smith, Amelia Stansberry, Crystal Thompson, Awndrea Trader, Natasha Turner, Whitney Work

### **Call to Order:**

On Wednesday, April 1, 2015, the Forsyth County Board of Health held its regularly scheduled monthly meeting in the Boardroom at the Forsyth County Department of Public Health (FCDPH). Dr. Linda Petrou called the meeting to order at 5:31 p.m.

### **Reappointment Swearing In:**

Mr. J. Phil Seats was reappointed by the Forsyth County Board of Commissioners and sworn in by Dr. Petrou to serve on the Board for a second term in the capacity of Pharmacist.

## **Consideration of Minutes:**

The minutes of the March 4, 2015 Board of Health Meeting were reviewed by the Board. Dr. Petrou asked for a motion to approve the minutes. Dr. Scott Schroeder made a motion to approve and Ms. Gloria Whisenhunt seconded. The minutes were approved by the Board.

## **Public Comment Section:**

Board Members, staff, and guests introduced themselves.

**Health Director's Comments** – Mr. Marlon Hunter announced that next week is Public Health week around the country. He told Board members that the department will celebrate next year around this time for our 100 Year Anniversary.

The department is dealing with an outbreak food borne illness affecting the counties of Davie, Davidson, Stokes, Yadkin and Forsyth. Ms. Sheryl Emory gave a brief update about the situation, stating it started at a Church event on Saturday, March 21<sup>st</sup>, consisting of 187 attendees (174 of those attendees have been interviewed and out of the 174 interviewed, 104 are very ill). Ms. Emory added there has been some secondary spread – people who attended have household members sick. A questionnaire is being filled out and Ms. Ayo Ademoyero will be doing statistical analysis. Mr. Hunter assured the Board that the department is working to get a handle on the situation.

Mr. Hunter reported the County Health Rankings came out last week and encouraged people to go to the website [CountyHealthRankings.org](http://CountyHealthRankings.org) to see the report. Ms. Whisenhunt mentioned there would be a POD cast next week on the rankings - County Commissioners and Board Members would be invited to attend.

Mr. Hunter attended an Insight meeting last week, put on by Leadership Winston-Salem and participated on a panel with Dr. Karen McNeil-Miller, President, Kate B. Reynolds Charitable Trust and Ms. Cathy Pace, CEO, Allegacy Federal Credit Union. They received questions from Dr. John McConnell, CEO, Wake Forest Baptist Medical Center and Mr. Jeff Lindsay, Executive Vice-President and CEO, Novant Health about health gaps in our community and to identify areas to work on.

Mr. Hunter participated at a Winston Salem State University event highlighting Dr. Louis Sullivan, an African American that developed a program to promote minorities in the health profession. Participants signed a proclamation to promote diversity.

## **New Business:**

**Help Our People Eat (H.O.P.E.) Program** – Ms. Marty Tennille and Dr. Ben Tennille gave a presentation about the H.O.P.E. program that they founded a couple of years ago. The program serves children 0-18 years and is a community-wide effort to transport nutritious meals to children and fresh fruits and vegetables to families in food-insecure neighborhoods in Forsyth County. Ms. Tennille pointed out that H.O.P.E. has delivered 37,391 nutritious meals to children and 40,306 pounds of fresh produce to families in twelve neighborhoods where no other produce sources are available. They have incorporated cooking classes, which have been very popular – families have requested more classes and health clinics at sites. The H.O.P.E. program has many volunteer opportunities for helpers of all ages from assembling the meals and produce bags to drivers for delivering to the sites to volunteers to meet the children – Ms. Tennille feels that building relationships with people who care is just as important to the children's wellbeing as the food they deliver. Dr. Tennille spoke about the new things they are working towards or have done already (i.e. acquiring a new building, two walk-in coolers, developed an app – *hopews.org* - *the app store*). Dr. Tennille added efficiency is the biggest problem to getting food to people

and they have solved that. Ms. Susan Frye, a Board member for H.O.P.E., added they need people to help and donate – they have home sites open during the week. Dr. James Doub asked if the adults return and want to learn more and Ms. Tennille responded yes, they do – they have the responsibility to help in some way and added their board meetings are in the sites they serve. Ms. Whisenhunt asked Mr. Hunter if he could get Ms. Lynne Mitchell involved since she works with the Behealthy Coalition. Board of Health members were very engaged with the presentation and commended the Tennilles and Ms. Frye for the work they are doing. Ms. Judy Briggs told the presenters they have the opportunity to make a huge impact and the program can help to improve health outcomes (copy of presentation on file in the Administrative Binder).

**Nurse-Family Partnership** – Ms. Christine Wanous gave a brief overview of the Nurse-Family Partnership (NFP) Program that started in Forsyth County in 2012 and has been serving first-time, low income mothers. NFP is an evidence-based community health program. By making regular home visits starting early in pregnancy through the child’s second birthday, NFP nurses achieve three primary goals: improve pregnancy outcomes; improve child health and development; and increase the economic self-sufficiency of the family. Ms. Wanous reported that the beginning four or five years are being funded by Kate B. Reynolds Charitable Trust. She stated the NFP Program was built upon the pioneering work of Dr. David Olds. Ms. Wanous reported that NFP nurses in Forsyth County have conducted more than 3,000 visits and received 600 referrals (a fifth nurse was added last year so they can now serve 125 mothers at a time) - to date, 161 families are served and they are at full capacity. Ms. Wanous said they are doing very well with retention, they are seeing good outcomes around the state and good outcomes with the babies and moms. She added the return on the investment is that money is saved on Medicaid. Ms. Wanous concluded her presentation by showing a video featuring Ms. Tony Adcock, Ms. Keisha Lucas and Ms. Paula Poplin, all NFP nurses, that highlighted their love for the mission and the positive effect they have on children and families. An invitation was extended to everyone to come to the first NFP graduation being held June 8, 2015 at Forsyth Technical College. Mr. Hunter praised Ms. Wanous and the nurses for the great job they have done (copy presentation on file in the Administrative Binder)

**2015-16 Recommended Budget** – Ms. Marie Moukdarath gave a very detailed report on the department’s Fiscal Year (FY) 2016 Proposed Budget. She started her presentation by stating the mission statement (to prevent disease and promote a healthy environment through regulation, education and partnerships) and vision statement (to engage community and partner organizations so all residents of our community can achieve optimal health) of the Forsyth County Department of Public Health (FCDPH). Ms. Moukdarath talked about the mandated public health services that are required to be provided in every county of North Carolina and some of the non-mandated services that support the mandated services. She spoke about the 10 essential public health services that must be available and accessible to the population in each county. Ms. Moukdarath reported the department has 58 separate operating cost accounts (OCAs) for each program or unit. She gave an overview for the revenue accounts and the expenditure accounts for each of the 3 Services Areas for the department (Internal Health Services (IHS); Personal Health Services (PHS); and Community Health Services (CHS)). Ms. Moukdarath went over the department’s revenues and expenditures by categories (Local, Health Fees, State, Sale of Merchandise, Federal, Grants, Permits, and Miscellaneous) and by Service Areas (IHS, PHS, and CHS), giving the FY14 Actual figures, FY15 Original Figures and the FY16 Proposed figures. Ms. Moukdarath explained in detail about each of the categories and some of the differences between fiscal years (copy of presentation on file in the Administrative Binder).

After some brief discussion and clarification of questions/concerns from Board members regarding the FY16 proposed budget, Dr. Petrou asked for a motion to accept the proposed budget. Dr. Ricky Sides made a motion to accept and Ms. Judy Briggs seconded. The proposed budget was approved by all the Board members.

Mr. Hunter asked Board members for their approval for a fee change for Childbirth Classes that was inadvertently left off the fee schedule presented at the March Board meeting. The current fee is \$45.00 (for a series of 4 classes) and the proposed fee is \$11.00 (per class). The department was informed by the Auditor during a Family Planning Site Visit that we need to bill separately for each class in the series and also Health Education was advised to add an additional class to the series for a total of 5 classes – this will now include a session on SIDS and Safe Sleep.

Dr. Petrou asked for a motion to approve the proposed fee change. Dr. Sides made a motion to approve and Ms. Whisenhunt seconded. The proposed fee change was approved by all the Board members.

**Old Business:**

None

**Committee Reports:**

None

**Adjourn:**

A request for a motion to adjourn was made by Dr. Petrou. A motion was made by Dr. Sides and seconded by the rest of the Board members. The meeting adjourned at 7:00 pm.



Marlon B. Hunter  
Secretary to the Board  
MBH/lgc