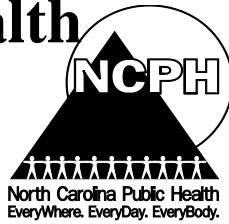


Forsyth County Board of Health



- Dr. James K. Doub, OD, Chair
- Mr. John Davenport, Jr., PE, Vice Chair
- Ms. Carrie D. Fernald, RN, MSN, AGPCNP-BC, FCN
- Dr. Calvert Jeffers, DVM
- Dr. Charles F. Massler, DDS, M.Ed.
- Dr. Willard L. McCloud, Jr., MD
- Ms. Heather Parker
- Dr. Scott E. Schroeder, DVM
- Mr. J. Phil Seats, R.Ph., MBA
- Dr. Ricky Sides, DC
- Ms. Gloria D. Whisenhunt, County Commissioner

BOARD OF HEALTH MINUTES February 1, 2017

MEMBERS PRESENT

Mr. J. Phil Seats
Dr. Calvert Jeffers
Dr. Charles Massler
Ms. Heather Parker
Dr. Scott Schroeder
Dr. Ricky Sides

MEMBERS ABSENT

Mr. John Davenport
Ms. Gloria Whisenhunt

GUESTS PRESENT

Winston-Salem State University (WSSU) Nursing Students

STAFF PRESENT

Mr. Marlon Hunter
Ms. Lorrie Christie
Ms. Glenda Dancy
Mr. Tony Lo Giudice
Ms. Marie Moukdarath
Ms. Quintana Stewart
Ms. Ethel Evans
Ms. Sarah Frantz
Ms. Holley Hooks
Mr. Daniel Lemons
Ms. Jennifer Nall
Ms. Tracey Semcer

Call to Order:

On Wednesday, February 1, 2017, the Forsyth County Board of Health held its regularly scheduled monthly meeting in the Boardroom at the Forsyth County Department of Public Health (FCDPH). Mr. J. Phil Seats called the meeting to order at 5:30 p.m.

Consideration of Minutes:

The minutes of the January 4, 2017 Board of Health meeting were reviewed by the Board. Mr. Seats asked for a motion to approve the minutes. Dr. Ricky Sides made a motion to approve and Dr. Charles Massler seconded. The rest of the members agreed and the minutes were approved.

Public Comment Section:

Board Members, staff and guests introduced themselves.

Health Director's Comments – Mr. Marlon Hunter welcomed the WSSU Nursing Students and told them he hopes they will consider a career at the health department.

Mr. Hunter reported the following:

- he did a tour of west Winston and had to speak to the group about public health. He hopes to do this on an annual basis, to work to improve health outcomes
- new leaders to Winston-Salem go to Leadership Winston-Salem, where they learn all about the community and services it offers. He went in 2013 and they did a community tour around the campus. They came to the department last year and will be coming back again next Wednesday, February 8th. We will have displays setup in the lobby to give them an opportunity to see what the department does
- attended the Minister's Conference at Union Baptist Church this past Sunday, where they introduced their new President - there was over 100 pastors at the church
- Mr. Edwin Stott has taken a position at an Environmental Engineering Consulting Firm - his last full-time day was yesterday. Mr. Stott wanted everyone to know that he enjoyed working with the Board of Health and staff but this is something he has always wanted to do. Mr. Hunter continued on to say he will advertise over the next week for a new Assistant Health Director and he will hire a Director just for the Environmental Health unit
- Mr. Hunter introduced Mr. Tony Lo Giudice from Mesa, Arizona, who replaces Ms. Lynne Mitchell, who decided to step down.

Mr. Lo Giudice introduced himself to everyone, saying that his background is in Public Policy. He was a Fire Captain - Paramedic and from there, moved into city management. He then became the Project Director of the Centers for Medicare-Medicaid Innovation Awarded Program. Mr. Lo Giudice has a wife and two children. He is looking forward to serving the county and the Board of Health and all the staff here at Public Health. Mr. Hunter added, he is glad to have him here - he blew them away in the interview process.

New Business:

Before starting their presentation, Mr. Hunter stated he was glad these two ladies are here. We have been hearing about opioids in the news and in our community. He felt it was an important topic that he wanted the Board of Health to hear. Mr. Hunter thanked Ms. Tracey Semcer and Ms. Holley Hooks for the good work they are doing.

Drug Overdose - Ms. Tracey Semcer accompanied by Ms. Holley Hooks gave a very informative and engaging presentation on prescription drugs and opioids. Ms. Semcer talked about opioids being a local epidemic. She described opioids as prescription pain relievers such as oxycodone, hydrocodone, codeine, morphine, fentanyl, and others. They are illicit drugs such as heroin and illegally-produced fentanyl and added heroin causes the most destruction. Ms. Semcer went on to show how the epidemic has spread through the U.S. In North Carolina, there are twice as many deaths from drug overdose yearly, than there are murders. Community education and outreach, increasing access to Naloxone and encouraging providers to practice responsible opioid prescribing and utilize prescription drug monitoring programs are things that can be done to help. In conclusion, Ms. Semcer added that with the increase of opioid use, it decreases the quality of life and causes premature loss of life in the community and a great need for public health programming for opioid use and overdose prevention (detailed copy of presentation on file in the Administrative Binder).

During the presentation, there were lots of comments and questions from Board members. Mr. Seats commented that working in Pharmacy, each year there are significant increases in opioid prescriptions - he added, it starts in the emergency room and ends in the emergency room. Dr. Sides remarked that diet has an impact as well. Ms. Semcer asked the nursing students if they have learned about this and they responded yes. Dr. Massler asked Mr. Seats if he sees a high percentage of opioid prescriptions from dentists and Mr. Seats responded he sees some but not a lot of prescriptions from dentists - comes mainly from private practices and hospitals.

Old Business:

Committee Reports:

Adjourn:

Mr. Seats asked for a motion to adjourn. Dr. Massler made a motion to adjourn, Dr. Sides seconded and the rest of the Board members agreed. The meeting adjourned at 6:10pm.

A handwritten signature in black ink, appearing to read "Marlon B. Hunter". The signature is written in a cursive style with a long horizontal stroke at the beginning.

Marlon B. Hunter
Secretary to the Board
MBH/lgc